

Attach an credit card here to make sure the size chart is printed at actual size.

SIZE GUIDE



- 1. **Print this page at its original size** (100 % setting). Do not use page fit or margins. Verify the correct scale by placing a credit card on the marked rectangle. If it fits exactly, you got it right.
- 2. **Fold the paper** according to the marked line at the heel and place it on a flat surface folded part against the wall.
- 3. Stand on the template so that the heel touches the wall. The lines on the paper show the length of the inside insole of the shoe. Remember to leave a small space (0.5 cm to 1 cm) between the longest toe and the size line this is how you will find the ideal size.
- 4. We recommend measuring both feet. If your size is between two numbers, choose the larger one. For individual advice, you can send us photos of the feet attached to this template via www.anglesbarefoot.com/Contact

